

Strategies and interventions to support children with ASD and challenging behaviours

Link	Description
https://www.youtube.com/watch?v=13DiS7cPgX0	A video on use of calming strategies by a music therapist
https://www.autismparentingmagazine.com/social-stories-for-autistic-children/	Information on social stories and how to produce one for parents
https://www.autism.org.uk/about/behaviour/guidelines.aspx	A practical approach to identifying behaviours and how to help young people regulate their emotions
https://www.twinkl.co.uk/resource/t-c-372-visual-timetable-for-home	Visual timetables and supports for home
https://www.autism.org.uk/about/behaviour/obsessions-repetitive-routines.aspx	Information and guidance on obsessive and repetitive routines
https://www.autism.org.uk/visualsupports	Using visual supports at home
https://health.clevelandclinic.org/how-to-manage-challenging-behavior-in-children-with-autism/	Understanding and managing physically challenging behaviour at home
https://www.earlywood.org/Page/558	How to implement behaviour and reward charts and examples
https://raisingchildren.net.au/autism/behaviour/understanding-behaviour/challenging-behaviour-asd	Tips to manage challenging behaviour at home
https://www.autism.org.uk/about/behaviour/preparing-for-change.aspx	Ways parents can help prepare young people with ASD for changes and transitions
https://www.autism.org.uk/about/behaviour/challenging-behaviour.aspx	A practical approach to challenging behaviour
https://ibcces.org/blog/2016/07/15/behavior-strategies/	15 Behaviour Strategies for Children on the Autism Spectrum
https://www.nottinghamshire.gov.uk/media/2449/autism-at-home-booklet.pdf	A practical approach to early support for young children with autism at home

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https://www.autism-society.org/living-with-autism/how-the-autism-society-can-help/safe-and-sound/safety-in-the-home/	Safety in the home
www.chewigem.co.uk	A website that has sensory products that you can purchase as well as access to a Sensory Support Group.
https://www.familylives.org.uk/advice/primary/behaviour/challenging-behaviour/	Challenging behaviour
https://www.mencap.org.uk/learning-disability-explained/conditions-linked-learning-disability/challenging-behaviour	Resource on Mencap about challenging behaviours. Also has a learning disability helpline for those in need of support
https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing/guidance-for-parents-and-carers-on-supporting-children-and-young-peoples-mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak	Guidance for parents and carers on supporting children and young people's mental health and wellbeing during coronavirus
https://www.youtube.com/watch?v=4EpBSD3dJnM	A Video on how to set up a sensory circuit at home
https://www.nhs.uk/conditions/autism/autism-and-everyday-life/help-with-behaviour/	A Guide by NHS on how to help with behaviour at home with a child with ASD.
https://www.autism.org.uk/about/behaviour/challenging-behaviour/physical.aspx	Information about the causes and strategies around children with ASD and physically challenging behaviours.
https://hes-extraordinary.com/self-regulation-strategies	102 strategies for teaching emotional regulation