

SOME FUN PLACES TO GO

- 1) LOG CABIN: CHILDRENS CENTRE FOR CHILDREN WITH SPECIAL NEEDS
WHERE: 259 Northfield Avenue
Ealing, London, W5 4UA
Contact: 020 8840 3400,
<http://www.logcabin.org.uk/>
- 2) HAPPITY Lists various SEND-friendly classes for babies and toddlers, including Baby Sensory, Hartbeeps, and Mini Mozart, with many options available on weekends.
<https://www.happity.co.uk/ealing/c/send>
- 3) Heathrow Gym:
PLAY AREA WITH SEPARATE SENSORY ROOM WHERE: Heathrow Gymnastics Club, Green Lane, Hounslow, Middlesex TW4 6DH
Contact:
<http://www.heathrowgymnastics.org.uk/>
0208 569 5069
- 4) HEATHROW SPECIAL NEEDS CENTRE: HORSE RIDING FOR SN CHILDREN
WHERE: Bath Road, Longford, Middlesex, UB7 0EF
Contact:
<https://heathrowspecialneedscentre.org/>
01753 680330

Also check out these riding schools:
<https://www.wormwoodscrubsponycentre.org/>and
<https://ealingridingschool.biz/>
- 5) SEN Swimming Lessons Multiple Locations
<https://senswim.org/>
- 6) ZOOS/FARMS:

Hanwell Zoo

London Zoo
Not specifically for SEN but they have regular SEN days

Odds Farm (great play area, open fields, manageable size)

Paradise Wildlife Park

Howletts Zoo/Port Lymph (has camping/glamping facilities)

Woburn Safari Park (great play area)
- 7) Northala Fields
Fishing lessons are available for SEN kids here!
- 8) Oxygen Activeplay in Acton do SEN sessions, visit
<https://oxygenactiveplay.co.uk/activity/peaceful-play/>
- 9) Picturehouse Ealing and ActOne cinema in Acton hold relaxed screenings of films
<https://www.picturehouses.com/event-details/0000000151/relaxed-screenings/100> and
<https://www.actonecinema.co.uk/relaxed-screenings/>
- 10) British Transport Museum run special days and are generally great.
- 11) Other Parks include the Bunny Park, Walpole, Lammas Park and Gunnersbury, Ruislip Lido has an artificial beach

SOME USEFUL SERVICES

- 1) **Contact a Family:** Advise and support service
Contact a Family Ealing and Southall, St. Georges Community Centre, 8-12 Lancaster Road, Southall, UB1 1NW, 020 8571 6381, Fax: 020 8571 6400, ealingandsouthall@cafamily.org.uk
Contact a Family Ealing and Southall, Lido Centre, 63 Mattock Lane, W13 9LA
<https://contact.org.uk/>
- 2) **Ealing Anchor:** Play and support group. They organise lots of training, activities and days out. See further details on <https://ealinganchor.org.uk/> or call 020 8571 9954
- 3) **Family Information service:**
https://www.ealing.gov.uk/info/201022/childcare_and_early_years/838/family_information_service
- 4) **Ealing Help:** Useful local information website. See <http://ealinghelp.org.uk/>
- 5) **Family Action I SAID:** advocacy, information and support. This body can help you through the EHCP process, guide you on your rights and accompany you to meetings/appeals if needed. See <https://family-action.org.uk/our-work-impact/send/>
- 6) **Nordoff Robbins:** Music charity providing music therapy and classes. See <http://www.nordoff-robbins.org.uk> or call 020 7267 4496. Located in 2 Lissenden Gardens, London NW5 1PQ (Camden)
- 7) **Ealing Music Therapy:** Ealing based music charity offering classes every Saturday. See <http://www.ealingmusictherapy.org/>
- 8) **Ealing Parent and Carer Forum:**
<http://www.epcf.org.uk/>
- 9) **Ealing Local Offer** , also on facebook under the same title
[https://www.ealingfamiliesdirectory.org.](https://www.ealingfamiliesdirectory.org/)

[uk/kb5/ealing/directory/advice.page?id=Ez50DViW7Rs&localofferchannel=0](http://www.ealing.gov.uk/kb5/ealing/directory/advice.page?id=Ez50DViW7Rs&localofferchannel=0)

- 10) **Ealing Carers Centre:**
<https://www.carersuk.org/>

SOME OTHER RESOURCES AND INFORMATION

- 1) **National Autistic Society:** Their helpline is amazing and their website has a whole host of great resources on it including information on various techniques, courses and shared examples. See <http://www.autism.org.uk>
- 2) **Gina Davies Autism Centre:** Courses, guidance and advice. See <http://www.ginadavies.co.uk/>
- 3) **Peach:** Support and advice along with a great helpline! See <http://www.peach.org.uk/index.php/about-peach/contact-peach/> or call 01344 882248
- 4) **Get FREE passes for theme parks at www.merlinsmagicwand.org**
REMEMBER most theme parks are able to give special passes to SEND children so they do not have to wait in a queue AND one carer per child usually goes FREE. It is best to make such arrangements in advance though so always call ahead!
- 5) **Apply for a CEA card to get free movie tickets for carers accompanying children with SN or disabilities.** See <https://www.ceacard.co.uk/> for further details and how to apply.
- 6) **If you are struggling to be able to afford private therapy or care for your child you may be able to obtain a grant from the Caudwell Charity.** Visit <http://www.caudwellchildren.com/> or call 0845 300 1348 for further information.
- 7) **The Family Fund provide grants for all sorts of things, including white goods and ipads, visit <https://www.familyfund.org.uk/>**
- 8) **Max Cards – lots of discounts available, apply via Ealing Parents and Carers Forum <https://mymaxcard.co.uk/>**
- 9) **Happy Days charity: fund trips and days out. Visit: <https://www.happydayscharity.org/>**

NOTES:

- Most places will have a special queue so ask! Major attractions will usually allow the carer to go free (including cinema tickets!) upon production of a DLA letter.
- CONTACT and Anchor can help with completing DLA forms so do contact them if you need help with this.

This intended for information only. Contact details for various organisations may have changed since the production of this document. Brentside has been given permission to use this document to share with parents.