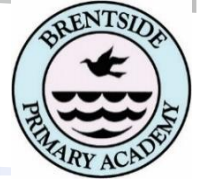


THE BRENTSIDE BULLETIN



Friday 18th October 2024

Issue: 096

YEAR 6 HISTORY DAY

This term in History, Year 6 have been studying the Vikings and asking the question “Were the Vikings always so vicious and victorious?” They have learned all about the Viking expeditions and conquests from 700 to 1100 AD, and the houses, ships, diet and lifestyle they led. Today, Y6 pupils came to school dressed as the Vikings they have been studying! They took part in activities such as Viking games, ate traditional Viking food of bread and honey, and had a great experience imagining what life would have been like for the Vikings of the past.



6 RED CLASS ASSEMBLY

6 Red held their class assembly this week, sharing with parents and families what a day in the life of Y6 looks like and what topics they have covered so far in the autumn term in English, Science, History, and more! It was so impressive to see what they have learned already this year, presented in such an engaging and interactive way.



YEAR 6 PITZHANGER MANOR & GALLERY- SOUTHALL RESISTS

It was Year 6's turn last week to visit Pitzhanger Manor & Gallery and the exciting “Southall Resists” exhibition- featuring art created by local children through the Young Voices programme, a Southall-based initiative designed to educate young people about their community's rich and complex history. Guided by local activists, the young artists focused on visually representing and commemorating Southall's history. The exhibition features eleven collaborative silk paintings, sculptures, and a film celebrating the children's reflections on pivotal events in Southall's past. These works explore anti-racism themes and the experiences of Southall's migrant communities, allowing the young artists to consider how these issues impact their lives today and how they envision the future. Our pupils then also got to see “Grayson Perry: The Vanity of Small Differences”, the Turner-Prize-winning artist's six large-scale tapestries chronicling contemporary life, followed by a tour of the manor house itself.

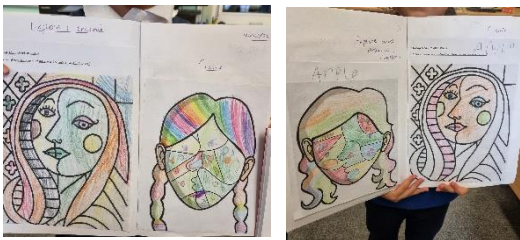


UPCOMING EVENTS

- 23/10 Giant Walk
- 25/10 Cultural Day
- 28/10-01/11 Half-term

LEARNING THIS FORTNIGHT

In **Nursery**, children have brought some of our favourite books to life; using collage to create Elmer, and creating moving models of the skeletons from Funny Bones. **Year 1** explored Cubism in art, and created abstract portraits in the style of Picasso & explored emotions in PSHE; how to recognise what we feel, recognise what others feel, and how to regulate ourselves and help others too. **Year 3** did some Creative Maths activities to learn the skill of subtraction with renaming. **Year 4** made clay teeth as part of their project on 'What Happens to the Food we Eat' & wrote exciting Narnia news reports on "The Lion, the Witch, & the Wardrobe" in English.



MESSAGE FROM THE HEADTEACHER

I was privileged enough to be able to join the 6 Red assembly yesterday on "A day in the life of a Year 6 student" – the assembly demonstrated the rigour and pace of the curriculum available to our pupils at Brentside, intertwined with the school values. The assembly demonstrated the knowledge and skills that pupils across the school have acquired through the expert teaching they receive.

We are nearing the end of our first half term at Brentside and wanted to say a huge thank you to all staff at the school who have worked tirelessly to support the children in entering their new academic year. Pupils are settled and thriving in an environment which offers exciting opportunities coupled with a sense of support and community.

Thank you everyone and have a lovely weekend.

Mrs. Crosdale

HEADTEACHER/VALUES AWARDS

Y1 Hamza, Mohammad

Y2 Milo, Ruby, Mariam

Y3 Hadi

Y4 Ellieanna, Aslana

Y5 Youmna, Malachi, Muhammed

Y6 Alfie

HOUSE CUP 2024/5



ANTI-BULLYING AMBASSADORS

Brentside has now appointed its Anti-Bullying Ambassadors for the year, who will undertake training from the Diana Award scheme and promote Brentside's Anti-Bullying policy across the school. They wrote of their first meeting: "Hello, we are the new group of Anti-Bullying Ambassadors. In our first meeting we started to discuss the different types of bullying/abuse. Verbal abuse is when someone calls someone else names. Physical abuse is when someone hits/kicks. Indirect abuse is when people are bullying behind other people's backs- it is a horrible form of bullying. In our school there is **zero tolerance** of bullying, and it will be dealt with very seriously.

HEALTHY ZONES COFFEE MORNING

Brentside welcomed the Healthy Zones team into school this morning, where they showed parents ideas for budget-friendly and healthy, balanced packed lunches. Parents who attended also had a chance to 'ask a nutritionist' any questions about children's diets they may have had. They also provided assemblies for the children on the importance of healthy eating.



KEEPING IN TOUCH

Please do not hesitate to email or call us if you have any queries or concerns & we will do our best to answer these for you.

Email: admin@brentsideprimary.ealing.sch.uk

Our school website is an important resource for you.

We update this regularly with information about the school, news and bulletins, and websites that can support you and your family.

<https://www.brentsideprimaryacademy.co.uk/>

NUMBOTS

NumBots is an online platform used in Reception and Key Stage One to develop children's early number skills. NumBots is all about every child achieving the "triple win" of understanding, recall and fluency in mental addition and subtraction so that they move from counting to calculating. <https://numbots.com/>



Times Tables Rock Stars is an online platform that boosts maths confidence and increases fluency and recall in multiplication and division. TTRS adapts to each user's unique learning need. Children love earning coins to personalise their avatars and move up the rock leaderboard to "Rock Hero"! [Times Tables Rock Stars: Play \(trockstars.com\)](https://www.trockstars.com)

All children from **Reception**-Y6 have access to both of the platforms using their Purple Mash log ins.

Create a 'positivity jar/box' - Using an empty jar/box, fill it with notes and messages that when you read make you and others feel positive.

Once you've finished making it, ask people in your household to take a message from the jar/box.

Extension: Decorate the jar/box.

Staying Positive

Reflection Questions

Getting Started: How does this activity make you feel?

Intermediate: How could you use this activity to feel more positive when something goes wrong?

Advanced: How could this help you to look on the bright side of something?

Mastery: How can you manage your emotional response to best support others?

The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about HORROR FILMS & RATERINGS

The 'on-demand' availability of streaming platforms in many homes creates extra possibilities for young viewers to be exposed to age-inappropriate content. Material which features horror or violence can cause anxiety and nightmares for children, especially since it can be hard for young ones to grasp that what they're watching isn't real.

CLASSIFICATION BREAKDOWN

The British Board of Film Classification has the following age ratings:

- PG:** For children aged 8 and above. This content shouldn't unsettle them.
- 12A:** Children under the age of 12 should not watch without an adult. This content potentially features bad language, nudity or sexual references.
- 15:** Suitable only for 15-year-olds and above.
- 18:** Exclusively for an adult audience, with potentially explicit themes of violence, nudity or sex.

WHAT ARE THE RISKS?

Modern mobile devices make it very easy for children to watch streamed films without the need for a TV. The availability of inappropriate content has risen significantly on streaming platforms, some of which host 18-rated content. If not restricted by parental controls, this content is viewable by children who aren't quite ready for such adult themes, concepts and imagery.

FACT VS. FICTION

Many children have no trouble separating fact from fiction. However, with modern day technology making horror look ever more realistic, it's becoming harder for children to tell the difference. For instance, consider remakes of older films, where added special effects (making it easy to discern that something wasn't real) have been replaced by more convincing monsters and gore.

PEER PRESSURE

Friends encouraging each other to watch the latest film, featuring violence or horror can lead to children consuming content that they're not ready for. As it becomes available on many streaming platforms, youngsters can watch these together - potentially without their parents' or carers' knowledge.

PSYCHOLOGICAL IMPACTS

Horror prides itself on its ability to startle or induce genuine fear in the viewer - so it's no surprise that this genre isn't usually intended for children. A natural side-effect of this is that jump scares or a creepy suspenseful atmosphere can have lasting effects on younger minds. The resulting anxiety can impact a child's sleeping patterns or eating habits.

ADVICE FOR PARENTS & EDUCATORS

WATCH THE FILM FIRST

If you're concerned that a film might be unsuitable for children (whether it's the first time you've seen it or you're re-watching it), then take a look for yourself. There's no better way to judge whether this content is something you deem appropriate for a child - and if a parent, for example, has actually seen the film (or at least a portion of it), they can contact us for more credible case if they decide it's inappropriate.

DISCUSS THE CONTENT OF FILMS

If a child has seen a film that they may have exposed them to potentially uncomfortable themes and ideas, don't shy away from talking about it and answer any questions they may have. This is especially important if they watch the film without an adult present. Ask them to summarise the story for you, as this will give you an understanding of what they've seen without watching it.

REMEMBER - IT'S NOT REAL

Emphasise to children that the content they're viewing is entirely fictional and has no chance of affecting them in real life. If a child is upset after watching a film, try to understand what exactly has unsettled them; this can help you approach the topic in a factual and informative manner, to dispel any fears or anxieties they may have.

USE PARENTAL CONTROLS

Most streaming platforms have the option to put age ranges on children's accounts. This means that films and shows that are inappropriate for children won't be advertised while they're browsing and won't even appear if a child specifically searches for them. This can be changed any time at parents' discretion, but it's wise to check these settings with a password as a child can't alter anything on their own.

Meet Our Expert
John Inshay is an assistant principal at a secondary school. He has been involved with a variety of projects for over 10 years, writing policies and supporting various schools in developing various e-safety provision. John has introduced a range of strategies at multiple schools aimed at helping parents to better support their child in their ever-changing digital world.

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/parents-and-educators-guides/horror-films-and-age-ratings>

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10 Top Tips for Parents and Educators TEACHING CHILDREN FIRE SAFETY

Fire safety is especially important around Bonfire Night, as fireworks, bonfires and sparklers add extra risks for families and young children. Every year in the UK, thousands of accidents occur due to improper handling of fireworks and neglecting fire safety measures. This guide offers practical tips for keeping children safe when handling everything from fireworks to space heaters.

- BONFIRE NIGHT AWARENESS**
Bonfire Night is exciting, but it comes with several inherent risks. Educators can talk about the dangers of fireworks and open flames. Teach them that only adults should handle fireworks and that bonfires should never be approached. Keep children at a safe distance (at least five metres away) from bonfires and exclude any supervision is crucial during these events.
- SUPERVISE FIREWORK USE**
Fireworks should only be handled by responsible adults who are following UK laws and guidelines. Make sure to buy fireworks that meet British Standards and adhere to all instructions that come with them. Keep children at a safe distance from any fireworks activity and designate an adult to supervise the event. Ensure no one goes near fireworks after they've been lit.
- SPARKLER SAFETY**
Sparklers are often appealing for little ones, but they can burn at extremely high temperatures over 1000°C! Only allow children to use sparklers if they are supervised by an adult. Teach them to hold sparklers at arm's length and never wave them near their face. Once a sparkler has burned out, extinguish it fully in a bucket of water - which you should prepare beforehand and always keep nearby.
- ORGANISED DISPLAYS ARE SAFER**
If possible, families should attend an organised fireworks display rather than holding one at home. These tend to be far safer as they're run by professionals adhering to strict safety regulations. Organised displays also provide a controlled environment where children can enjoy the event from a safe distance, reducing the risk of accidents.
- KEEP FIREWORKS AWAY FROM THE HOME**
If you're hosting your own fireworks, keep them away from the house. Choose a wide-open space with no flammable materials nearby and keep a bucket of water and fire extinguisher nearby in case of an emergency - such as a bucket of water, a hose or a fire extinguisher. Afterwards, ensure that all fireworks are fully extinguished and never attempt to relight one if it doesn't go off.
- BONFIRE SAFETY**
If you're building a bonfire, place it well away from trees, buildings, fences or anything else flammable. Make sure it's structurally sound and not at risk of collapsing. Only burn natural materials like wood and leaves, avoiding petrol or other accelerants. Children should be kept away from the bonfire and always supervised by adults. Be sure to fully extinguish the bonfire before you leave it.
- "STOP, DROP AND ROLL"**
Ensure that children know what to do if their clothing catches fire. Teach them the simple "stop, drop and roll" technique, which can reduce the risk of serious injuries. Practice this with them before events like Bonfire Night, so they feel confident if they need to use it. It can also be helpful to keep a fire blanket nearby to put out these kinds of fires on standby, just in case. An extinguisher or fire-resistant blanket are both sound choices.
- SECURE CANDLES AND OPEN FLAMES**
Beyond Bonfire Night, everyday fire safety is also crucial. Candles can be a common fire hazard, especially in homes with young children. Teach children not to touch any open flames, and ensure candles are placed in sturdy holders away from curtains, furniture or other flammable materials. Always extinguish them fully before leaving a room or going to bed.
- EDUCATE ABOUT FIREWORKS HAZARDS**
Make sure children understand the dangers of playing with fire or fireworks, and how to handle such things responsibly. Emphasise that fireworks are not toys and can cause serious injuries when mishandled. Demonstrate the importance of treating fire with respect and the consequences of misuse, which can help deter any curiosity and any resultant dangerous behaviour.
- FIRST AID FOR BURNS**
Even if you have the best possible precautions in place, accidents can still happen. Keep a first aid kit on hand. Ensure you know how to apply basic first aid to burns, so you can help children if they get burned. If someone suffers a burn, run under cool water for 20-30 minutes. Never use creams or ointments, as these retain heat and can cause further damage. Instead, seek medical help if the burn is serious.

Meet Our Expert
James Whelan is a experienced health and safety expert who is a Chartered Member of the Institution of Occupational Safety and Health. He provides courses to educational settings and many other industries, helping them to maintain a safe working environment.

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/parents-and-educators-guides/10-top-tips-for-teaching-children-fire-safety>

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