

Tuesday 25th March 2025

PSHE & RHE Lessons & Parent/Guardian Workshops on Thursday 24th April 2025

Dear Parents and Guardians,

We are writing to inform you about the recent update to the Ealing PSHE (Personal, Social, Health, and Economic Education) Scheme of Work for primary school children. Our commitment to providing a comprehensive and relevant education for your children remains steadfast, and we are pleased to share these improvements with you.

The Ealing PSHE & RHE (Relationships and Health Education) Scheme of Work has undergone a significant revision to address the evolving challenges that our pupils face in modern Britain today. The updated curriculum and resources have been designed to align with the statutory relationships and health guidance for primary schools, ensuring that our students receive the necessary knowledge and skills to navigate the complexities of growing up in the 21st century.

We want to emphasise that we recognise and respect the vital role parents play as the primary educators of their children, especially when it comes to matters of relationships and growing up. The school and the local authority continue to value and support your role in shaping your child's understanding of these crucial aspects of life.

However, we also believe that a well-rounded education involves a collaborative effort between school and home. The curriculum serves as an essential tool to reinforce and complement the values and lessons you instil at home. It provides a structured and age-appropriate platform for delivering important messages about relationships, health, and personal well-being.

Our aim is to ensure that your children grow up happy, healthy, and protected from harm. The updated PSHE & RHE Scheme of Work reflects our commitment to this goal by incorporating relevant and contemporary content that addresses the challenges and opportunities faced by young individuals today. The scheme covers topics of personal boundaries, safe friendships, online safety, and mental wellbeing in ways that are accessible and practical for young people to apply to their lives now and in the future.

As we approach the summer term, children will be focusing on the topics of relationships and health education. From Key Stage 2 onwards they will be exploring the statutory health topic of the changing adolescent body and exploring how their bodies are changing in preparation for the next stage of the life cycle.

We encourage you to take an interest in your child's learning by engaging with them about the topics covered in the PSHE curriculum. We believe that open communication between school and home plays a crucial role in reinforcing positive values and fostering a supportive environment for your child's overall development.

Brentside Primary Academy

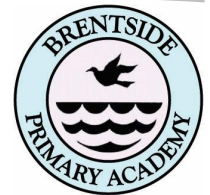
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BRENTSIDE PRIMARY ACADEMY

Putting Children First

Headteacher: Caroline Crosdale



Parent/Guardian Workshops

We would like to take this opportunity to invite you to a Parent Workshop to discuss the changes to the scheme and allow you to learn more about the content covered within each year group.

Parents/Guardians are invited to attend the PSHE workshop in school on **Thursday 24th April, with two options of time slots: either 9.15am-10.15am or 2.15pm-3.15pm.** The workshop will be delivered by Sue Solti, our PSHE Lead.

Should you have any questions or concerns about the updated Ealing PSHE Scheme of Work or the upcoming Relationships and Health topic, please feel free to reach out to our school PSHE Lead Sue Solti, via the school office.

We value your partnership in providing the best possible education for your children. Thank you for your continued support and collaboration.

Yours faithfully,

Caroline Crosdale
Head Teacher

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