

# THE BRENTSIDE BULLETIN



Friday 9<sup>th</sup> May 2025

Issue: 107

## SPRING TERM CURRICULUM CUP

Before the Easter holiday we held our Curriculum Cup assembly for the Spring term, celebrating the fantastic achievements of our pupils in different subjects. It is always very hard to pick just one child for each category, but these pupils produced some outstanding work this term. Star Writer of the term: Maryam 5 Red, Mathematician of the term: Aurelia 6 Red, Scientist of the term: Hunter 2 Red, Artist of the term: Betsan 4 Red, Designer of the term: Owais 4 Blue, Historian of the term: Uma 4 Red, Geographer of the term: Yu 6 Red, Musician of the term: Ariadne 5 Red. Well done to all!



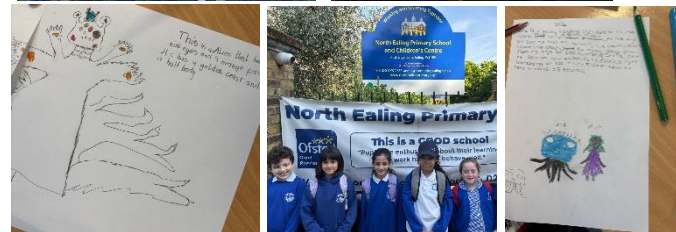
## VE DAY

Brentside pupils marked VE day with a moment of silence and activities in their classes; including artwork to display around the school and some delicious poppy biscuits made in Year 5.



## AIM HIGH WRITING DAY

A group of Y4 children visited North Ealing Primary last week to take part in an AIM High Writing day with author Cliff McNish, where they worked on constructing a story and creating great characters. Cliff spoke about his own writing and offered the pupils a method to craft their own fiction. Pupils wrote their own stories and had a wonderfully creative and stimulating day.



## 3 RED CLASS ASSEMBLY

3 Red delivered their class assembly last week, with parents and families attending to watch the pupils demonstrate their learning across subjects this term. They have been doing lots of interesting work on Roald Dahl's Charlie and the Chocolate Factory in English, learning to play tennis in PE, and in Science learning all about magnets and forces. It was a creative and fact-filled assembly & really showed how much we fit in in one term!



## UPCOMING EVENTS

19-23/5/25 Walk to School Week

20/5 Eco Refill Shop

21/5 School Photographs

23/5 MHST Coffee Morning- Supporting Technology Use- 8.45am

## BOOK IN A BOX WINNERS

The winners of our Book in a Box competition for World Book Day received their prizes and were delighted to receive their books.



## MUSIC CONCERT

Some of our pupils have been taking weekly small-group music sessions with music teacher Ms Laura-Kate, and performed a concert to their parents and guardians to show what they had learned so far this year. Everyone was very impressed with the musical talent on display.



## MESSAGE FROM THE HEADTEACHER

The sun is finally out over Brentside this week.

Last week I was treated to a fantastic class assembly by 3 Red and a music concert by some of our instrumentalists –sharing all that they have been learning in their group sessions. It was lovely to see the progress children are making.

This week is SATs week and I would like to wish all our Year 6 the very best of luck in their tests. You have been well prepared by your teachers and now just need to do your best.

Mrs. Crosdale

## HEADTEACHER/VALUES AWARDS

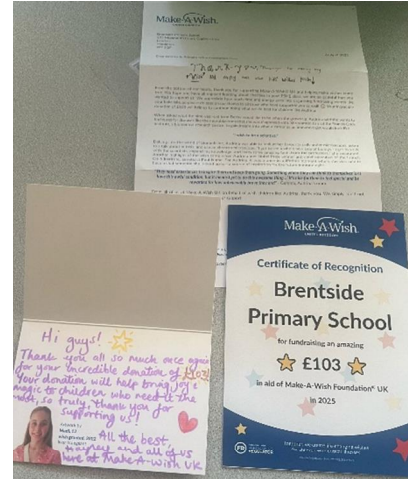
**Year 3 Roman, Parsan, Zaire, Abdi, Yaqub**

**All of 1 Red & 3 Red for their assemblies**

**Year 4 Inaya (x2!), Noorah, Jada, Aasya, Bestan, Wala**

## RECEPTION MAKE A WISH FUNDRAISER

Reception raised an amazing £103 in their fundraiser to Make-a-Wish UK and received a certificate recognising their efforts. Make-A-Wish UK is part of a global movement that grants life-changing wishes and providing a lifeline for families to spend precious time together. Thank you to all who donated.

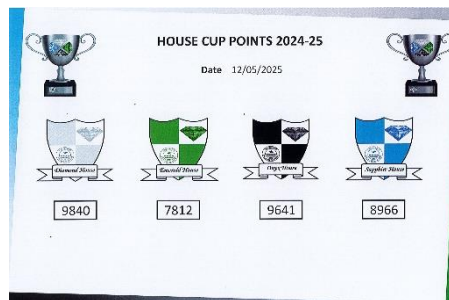


## 3 RED TONY ROSS

3 Red were studying author & illustrator Tony Ross last week, and created their own stories and illustrations in his style.



## HOUSE CUP 2024/5



## EALING FOODBANK

If you are struggling, call 0808 2082138 for free to speak to a trained and independent agent confidentially about your circumstances. Alternatively, speak to the school office about making a referral to the foodbank.

## KEEPING IN TOUCH

Please do not hesitate to email or call us if you have any queries or concerns & we will do our best to answer these for you.

Email: [admin@brentsideprimary.ealing.sch.uk](mailto:admin@brentsideprimary.ealing.sch.uk)

Our school website is an important resource for you. We update this regularly with information about the school, news and bulletins, and websites that can support you and your family.

<https://www.brentsideprimaryacademy.co.uk/>

## SKILLS BUILDER

Spend 5-10 minutes in a quiet place and listen carefully to the sounds around you. How many different sounds can you hear? Try to count the different sounds you can identify around you.

### Listening

#### Reflection Questions

**Getting Started:** How can you make sure you are listening carefully?

**Intermediate:** What does positive body language look like?

**Advanced:** Why is summarising or rephrasing what you have heard useful sometimes?

**Mastery:** How might changing the language (words) used affect how you feel about something?

At the National College, our **WakeUpWednesday** guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider digital themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## 10 Top Tips for Parents and Educators

# FOSTERING A SENSE OF BELONGING

Feeling a genuine sense of belonging is essential for the emotional and social development of children and young people. Belonging significantly boosts self-esteem, resilience, and mental wellbeing, reducing feelings of isolation and anxiety. This guide provides practical strategies to help parents and educators cultivate inclusive environments, enhancing both academic outcomes and overall happiness among young people.

- CELEBRATE INDIVIDUAL DIFFERENCES**  
Acknowledge and celebrate the uniqueness of every child. Encouraging diversity and inclusion creates an environment where differences are valued rather than stigmatised. This acceptance empowers children to confidently express their identities and feel genuinely included, fostering a robust sense of belonging within both school and home settings.
- CONSISTENT COMMUNICATION**  
Regularly communicate and actively listen to children, showing genuine interest in their thoughts and experiences. Creating open communication channels helps young people feel heard and valued. This approach not only builds trust but also reinforces children's perception of themselves as a vital part of their family, school and community.
- MEANINGFUL PARTICIPATION**  
Give children opportunities to actively participate and contribute within classrooms, at home, or in community activities. Meaningful participation helps children feel their input matters, reinforcing a sense of purpose and increasing their involvement in decisions and responsibilities, which enhances their self-worth, promoting a deeper sense of belonging and inclusion.
- FOSTER STRONG RELATIONSHIPS**  
Support and encourage positive relationships between peers, educators, and families. Strong healthy relationships significantly impact a child's sense of belonging, providing emotional support and reducing feelings of loneliness. Foster social interactions through group activities, teamwork, and collaborative learning to strengthen these vital connections.
- CREATE INCLUSIVE SPACES**  
Design environments that reflect diversity and are welcoming for everyone. Inclusive spaces where all children feel represented and safe are crucial for fostering a sense of belonging. Consider classroom displays, books, and resources that celebrate various cultures, abilities, and backgrounds to visibly reinforce inclusivity and belonging.
- MODEL POSITIVE BEHAVIOUR**  
Adults play a crucial role by demonstrating inclusive, empathetic, and respectful behaviours. Modelling positive interactions and attitudes sets a clear standard for children to follow. Children are likely to replicate inclusive behaviours, creating a supportive community atmosphere where everyone feels accepted and valued for who they are.
- BUILD EMOTIONAL LITERACY**  
Teach and encourage emotional expression and understanding among children. Developing emotional literacy enables young people to articulate their feelings and empathise with others. An emotionally intelligent environment nurtures cultures of mutual respect and compassion, fostering a deeper sense of belonging and interpersonal connection within groups.
- SUPPORT PEER MENTORSHIP**  
Encourage peer mentorship or buddy systems within educational settings. Peer support reduces feelings of isolation and anxiety, increasing confidence and security, reducing feelings of isolation. When children support one another, they not only build community bonds, but also create a supportive culture where belonging and friendship thrive.
- RECOGNISE EFFORTS REGULARLY**  
Consistently acknowledge children's contributions and achievements, however small. Recognition reinforces a child's understanding that their presence and efforts are important. Celebrating individual and collective successes fosters a positive environment where children feel acknowledged, motivated, and deeply connected to peers and adults around them.
- ADDRESS BULLYING PROMPTLY**  
Quickly address any incidents of bullying. Promptly intervening demonstrates a clear commitment to an inclusive and safe environment. Creating a culture where incidents are safely and effectively addressed reinforces trust, security, and a sense of belonging for everyone involved.

**Meet Our Expert**  
Anna Behrman is Director of Holistic Education (HLE) and Director for Wellbeing and Family Resilience at NHS Trust. With her extensive experience in systemic mental health in schools, she supports educational leaders across the UK to develop inclusive, resilient, and supportive learning environments. Anna is also the lead expert for mental health at the National College.

**#WakeUpWednesday**  
The National College

Source: <https://nationalcollege.com/guides/creating-inclusive-learning-environments>

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**COOP BRENTSIDE PRIMARY ACADEMY**

## MAY HALF TERM SPORTS CAMP WITH MR PIERCE

Open to all pupils in Year 1-6 at Brentside Primary Academy

Come and join Mr Pierce and coaches for fun and games daily from Tuesday 27th-Thursday 29th May 2025

£30 per day (sibling discount available)  
Packed lunch required (fruit available and kindly donated by our local Coop (Greenford Avenue))

- Wide variety of sports and activities offered
- Qualified coaches
- Fun games to develop individual skills and team building skills

**Registration:** 8-8:30AM via Brants Walk entrance W7 1BU  
**Dismissal:** 3:30PM via Brants Walk entrance

Book by searching: Mr Pierce on [www.eventbrite.co.uk](https://www.eventbrite.co.uk) or by scanning the QR code below



Phone: 07709887866  
Email: [deliveringpe@hotmail.com](mailto:deliveringpe@hotmail.com)

Brentside Primary's PE Teacher Mr Pierce is running a holiday camp for 3 days during the May half term- Tuesday 27th May, Wednesday 28th May and Thursday 29th May 2025. You can choose to book for 1 day, or all 3 days of the camp. The camp is taking place at the school, however it is not run by the school, it is run by Mr Pierce and his company 'Delivering PE' The camp will offer a variety of sports and activities and is available for all pupils in the school. The camp runs from 8am to 3.30pm at a cost of £30 per day. A sibling discount is available (see eventbrite link for details) For further information and how to book, please use the below link:

<https://www.eventbrite.co.uk/e/may-half-term-sports-camp-with-mr-pierce-tickets-1333966432509?aff=oddtcreator>

If you have any questions about the holiday camp, or issues with booking, please contact Mr Pierce  
 Phone: 07709887866 Email: [deliveringpe@hotmail.com](mailto:deliveringpe@hotmail.com)

**Ealing Wellbeing Practitioners**  
NHS West London NHS Trust

Supporting Technology use in Primary-aged children

**Who?**  
Ealing Mental Health Support Team (MHST) and Brentside Primary are hosting an in-person coffee morning for parents and carers.

**When?**  
Friday 23<sup>rd</sup> May 2025 at 8:45am

**How?**  
No need to register interest, just attend on the day!

**Why Technology?**  
As technology use increases, it's important you feel supported in helping your children navigate a technological world.

**What will we talk about?**

- Discussion around screen-time
- Frequent use of technology
- Common Difficulties with technology use
- Alternatives and finding a balance
- Helpful Organisations & resources

Promoting hope & wellbeing together **ELP**